

Protein Balls

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Time: 8 hours

Instructions

1. Stir oats, peanut butter, honey, flax seeds, chocolate, chia seeds, and the protein powder together in a bowl until evenly mixed.
2. Cover bowl with plastic wrap and refrigerate for 30 minutes
3. Scoop chilled mixture in balls and keep cold until serving

Ingredients

- 1 cup of rolled oats
- 1/2 cup natural peanut butter
- 1/3 cup of honey
- 1/4 cup of chopped dark chocolate
- 2 tbsp. of flax seeds
- 2 tbsp. of chia seeds
- 1 tbsp. of chocolate flavored protein powder

Notes:

Easy & Great Recipe