

Spaghetti Squash with Shrimp

Submitted By: Margaret Thompson Time: 1 hour

1. Brown onions over a medium heat.
2. Add minced garlic, tomatoes, salt, pepper, lemon juice, and chicken broth. Reduce for 20 minutes.
3. Add baby spinach. Cook until spinach starts to become soft.
4. Add the shrimp. Cook until warm.
5. Remove squash from oven and shred. Place on plate and put the sauce on top.

Ingredients

- 1 onion chopped
- ½ pound of shrimp (I use frozen de-tailed and deveined)
- 4 garlic cloves
- ½ tsp salt
- ¼ tsp pepper
- 3 cups of cherry tomatoes halved
- ½ cup of lemon juice
- 1 cup of chicken broth 8 ounces of baby spinach

Notes:

The original recipe had chicken breast.