

Chocolate, Peanut Butter, Banana Yogurt Pops

Total Time: 4.5 hours

Instructions

1. Place all the ingredients in a blender, and blend until smooth
2. Pour ingredients in a popsicle mold
3. Place top on if the mold has it, or place molds in the freezer for 30 minutes and then put popsicle sticks in
4. Freeze popsicles until solid, about 4 hours, depending on your freezer

Ingredients

- 1 cup milk of choice (preferably skim, 1%, or nut milk)
- $\frac{3}{4}$ cup non-fat Greek yogurt
- 1 $\frac{1}{2}$ large ripe bananas
- 2 tablespoons unsweetened cocoa powder
- 2 tablespoons peanut butter
- 1 tablespoon honey
- 1 teaspoon vanilla extract